

Women's Musculoskeletal Health: Physiology, Prevention, Treatment

SYMPOSIUM, MUSCLE FOCUS GROUP
28 September 2026, 15:00 – 17:00



Keynote lecture: Women's musculoskeletal health. Preventing, treating and reducing the burden of knee injury

Kay Crossley, PhD, Professor, Director LASEM Research Centre, Melbourne, Australia



Hip pain in young and middle-aged women

Lisa Tønning, PhD, Postdoc, Department of Orthopedic Surgery, Aarhus University Hospital, Denmark

10 min break with coffee and cake



Musculoskeletal health in athletic women. Hip and groin pain, treatment and return to sport

Joanne Kemp, PhD, Professor, LASEM Research Centre, Melbourne, Australia



Exercise for postmenopausal women with lower-limb and shoulder osteoarthritis

Inger Mechlenburg, PhD, Professor, Department of Clinical Medicine - Orthopedics, Aarhus University, Denmark



Diet Trends and Weight Loss During Menopause: Impact on Muscle and Bone Health

Mette Hansen, PhD, Professor, Department of Public Health - Sports Science, Aarhus University, Denmark



PRACTICAL INFORMATION:

If parking on campus, please check the applicable rules on the parking signs at the carpark. The venue is circled on the map. You can read more about the municipal parking spaces at:
[Kort over betalingsparkeringsområder og parkeringsautomater](#)